

**Desire: an inclination, yearning, longing, craving, wishing for something,  
strong wanting, aspiration, hunger, lust, attraction.  
What do I want?**

What do you want? Or what would you like?

What will having that do for you?

How will you know when you have it? What will you see, hear, or feel?

Where, when, and with whom do you want it?

What is it like now?

Who else in your life might be affected if you get this outcome?

What (if anything) might you lose what you value if you were to follow through?